

Roseburg Stake Young Womens Experience 2022

All camp participants (leaders and young women) and their parents are required to read and sign a commitment statement as part of the registration process.

The Roseburg Oregon Stake Young Women Experience for The Church of Jesus Christ of Latter-day Saints will be held at Alameda County Park, 14800 Merlin-Galice Road, Merlin, OR 97532 from Wednesday, July 6 – Saturday July 9, 2022. This camp will provide an atmosphere consistent with the standards and principles of The Church of Jesus Christ of Latter-day Saints, which will be created and preserved through everyone's commitment to this honor code and by abiding by church standards and principles.

Honor Code

We believe in being honest, true, chaste, benevolent, virtuous, and in doing good to all men... If there is anything virtuous, lovely, or of good report, or praiseworthy, we seek after these things.

Article of Faith 1:13

Participants at YW Camp are expected to:

- Use clean language
- Respect leaders and other young women
- Be honest
- Keep the Word of Wisdom
- Observe dress and electronic standards
- Encourage others in their commitment to comply with the Honor Code

Dress Standards

The dress of both leaders and young women should always be modest and consistent with the "For the Strength of Youth" pamphlet, thus representing the principles and standards of the Church of Jesus Christ of Latter-Day Saints.

- Shirts need to completely cover midriffs.
- Swimsuits must be modest one-pieces or tankinis (top must cover the entire midriff, or a tank top may be worn over it). Bikinis will not be allowed. A dark shirt and shorts is also acceptable.
- Shoes must be suitable for light hiking, rafting, and other physical and water activities. Sandals may be worn if they are supportive and don't come off when you vigorously shake your foot. No flip flops, crocs, or slip-on sandals, please.

Personal Electronic Standards (all electronics except for digital cameras):

In an effort to invite the Spirit and minimize distractions, we are prohibiting electronics as follows:

- Young women between ages 11-18 will not bring cell phones, iPods, MP3 players, ham radios, smart watches, walkie talkies, or any other electronic device to camp.
- Leaders above the age of 18 years old may bring their cell phones, but only to be used as necessary. (Cell reception at that location is very bad.)
- Leaders will not be held responsible for the state of contraband electronics.
- Contact numbers will be available for parents or family members to get a hold of leaders during camp.

Photo Release

I give permission for my daughter to be photographed at camp by the camp photographer. The photos will be compiled and displayed in a presentation. Some photos will be used on the Roseburg Youth Instagram page, but names will not be published.

I do not give permission for my daughter to be photographed at camp by the camp photographer.

I have read and understand the Honor Code, and the dress and electronics standards, and I agree to follow them while at Young Women Experience.

Youth Signature _____ Date _____

Parent Signature _____ Date _____

Thank you for your commitment to abiding by these standards. This is going to be a great year!

Roseburg Stake YWEX 2022

Packing List

July 6-8/9, 2022

Almeda Campground in Josephine County

14800 Merlin-Galice Rd, Merlin, Oregon

*Do not feel the need to purchase new items on the list.

Your ward leaders can help find any items you may be in need of.

Each camper must bring a packed lunch with them to be eaten on the trail

Each ward must bring:

- Tents for their girls and leaders
- Ground cloths/tarps/hammers
- Igloo water dispenser
- 8-foot folding table for the “kitchen”
- Water filter

Recommended for Wards to bring:

- Tent entry mats or rugs
- Clothesline and clothes pins
- Life jackets for water activities (life jackets provided for rafting)

Gear to bring: (please label each item)

- Camp Chair
- Sleeping Pad
- Sleeping Bag
- Pillow
- Flashlight or headlamp/batteries
- Duffle Bag for clothing, etc.
- Water Bottle (and personal water filter, if you have one)

- Whistle
- Insect repellent
- Sunscreen
- Journal and pen
- Scriptures

Recommended extra gear:

- Extra blanket for nighttime
- Watch

Clothing to bring:

- 2 pair shorts/capris
- 1 pair long pants
- 3 short sleeved shirts
- 1 long sleeved shirt
- Sweatshirt
- Jacket
- Undies
- 5 pairs of socks
- Sleepwear
- Swimsuit or water clothes (see dress code)
- Beach towel
- Towel and wash cloth
- Comfortable closed toed shoes (for hiking and camp activities)

- Water shoes/sandals with secure fit
- Toiletries: toothbrush, toothpaste, deodorant, comb, brush, hair ties
- Wipes/TP/Trash Bag/Hand Sanitizer
- Sunscreen
- Lip balm
- Feminine supplies
- Medications and eye care

Recommended extra clothes:

- Beanie
- Rain poncho or large garbage bag if rain is forecast
- Old pillowcase/bag for dirty laundry
- Sunglasses
- Extra layers (lightweight jacket)

Permission and Medical Release Form

Complete this form separately for each event or activity involving special considerations (see *Handbook 2: Administering the Church*, 13.6.20, ChurchofJesusChrist.org), an overnight stay, travel outside the local area, or an activity with higher than ordinary risks.

Event Details (to be filled out by event planner)		
Event	Date(s) of event	
Describe event and activities (please be specific)		
Ward	Stake	
Event or activity leader	Event or activity leader's phone number	Event or activity leader's email

Participant Information		
Participant	Date of birth	Age
Primary telephone number <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work	Secondary telephone number <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work	
Address	City	State or province
Emergency contact (parent or guardian)	Primary telephone number <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work	Secondary telephone number <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work

Medical Information		
Does the participant require a special diet? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain the dietary restrictions	
Does the participant have any allergies? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please list the allergies	
Is the participant taking any medication or over-the-counter (OTC) drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, can the participant self-administer his or her medication? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, please contact the event or activity leader directly.	
List all prescription or over-the-counter (OTC) medications the participant is taking		

Physical Conditions That Limit Activity	
Does the participant have a chronic or recurring illness? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain
Has the participant had surgery or a serious illness in the past year? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain
Identify any other limits, restrictions, or disabilities that could prevent the participant from fully participating in the event or activity (attach additional pages if needed)	

Other Accommodations or Special Needs
Identify any other needs or considerations the participant has that the event or activity planner should be aware of (attach additional pages if needed)

Permission	
<p>I give permission for my child or youth to participate in the event and activities listed above (unless noted) and authorize the adult leaders supervising this event to administer emergency treatment to the abovenamed participant for any accident or illness and to act in my stead in approving necessary medical care. This authorization shall cover this event and travel to and from this event.</p>	<p>The participant is responsible for his or her own conduct and is aware of and agrees to abide by Church standards, camp or event safety rules, and other pertinent instructions. Participants' conduct and interactions should abide by Church standards and exemplify Christlike behavior. Parents and participants should understand that participation in an activity is not a right but a privilege that can be revoked if they behave inappropriately or if they pose a risk to themselves or others.</p>
Participant's signature	Date